

Summer 2020 Baby Menu

		<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>
<u>Monday</u>	Lunch	One Pot Chicken	Trio of Veg with Tomatoes and basil	Vegetable Pasta
	Tea	Fish with Cheesy Sauce	Scrambled Egg	Omelette
<u>Tuesday</u>	Lunch	Salmon & Broc Puree	Salmon, tomato and sweet potato	Cod, butternut and cheese sauce
	Tea	Home Made soup & Biscotti	Beef Casserole	Minestrone Pasta
<u>Wednesday</u>	Lunch	Beef with Parsnip & Sweet potato	Braised beef, carrot, parsnip & sweet potato	Beef casserole with butternut squash
	Tea	Chicken & Spring vegetables	Broc, squash & Cheese nuggets	Toast and lentil puree
<u>Thursday</u>	Lunch	Chicken, Parsnip, carrot & Sweede	Milk chicken & apricot curry	Chicken and sweetcorn chowder
	Tea	Toast Fingers & Fruit puree	Mediterranean Medley	Tomato, sweet potato and cheese pasta
<u>Friday</u>	Lunch	Bolognaise sauce & Aubergine	Mini meatballs & fresh Vegetables	Mini cottage pie
	Tea	Pitta pieces with veg & lentil Puree	Fish with carrots and orange	Spinach and Cod puree

Allergens: Celery A1; Cereals (Gluten) A2; Eggs A4; Fish A5; Milk A7; Mustard A9; Nuts A10; Peanuts A11; Sesame Seeds A12; Soya A13; Sulphites A14
 Intolerances: Tomato Products IN1; Capsicum IN2; Soft Fruit IN3; Beef IN4; Aubergine IN5; Apple IN6; Oranges IN7; Onion IN8